



Writtle  
University  
College

Equipment, Extra Cost and Suggested  
Reading for

# MVetPhys Veterinary Physiotherapy

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We are looking forward to welcoming you to your veterinary physiotherapy course at Writtle University College. This equipment list will give you an idea of what you will need to start your course. You might have some of these at home already if you are used to handling horses.

## Equipment

### For theory sessions

- Pens, pencils, paper and folders for note taking
- Scientific calculator
- Clipboard
- A suitable laptop for your studies. For further consideration, please check our [Student Laptop Recommendation](#) page

### For practical sessions

- You might find a digital camera/smart phone useful for taking photos/videos during practicals when appropriate
- Riding hat or skull cap. This includes using a recognised-standard riding hat (this needs to meet current safety standards: The current BHS-recognised standards are EN1384:1996 with CE mark, BSEN1384:1997 with CE mark, PAS015:2011 with BSI kitemark, ASTM F1163:2004a with SEI mark, E2001 with Snell certification label and AS/NZ 3838:2006 with SAI global mark)-  
- (protective headwear must be worn when leading and lunging)
- Riding gloves (gloves must be worn when leading and lunging)
- Steel toe cap boots
- Suitable smart clothing (plain navy or black trousers) for working around horses including waterproofs
- White lab coat

### **PLEASE NOTE**

no sleeveless tops, shorts or hoodies are allowed whilst working on the yard. Tops and jackets should be plain and must not have large motifs or embellishments. If jeans are worn they must be smart (no rips or embellishments). This is a working yard with many users and visitors so all clothes must be smart and professional at all times.

### Extra costs

Whilst attending the MVETPHYS some extra costs need to be considered. Primarily, they will be related to the equipment and material mentioned above. In addition to the equipment and material listed above, there will be retake fees for practical exams (from 2017 onwards). OSPE retake fee is £20 per attempt per specie.

In final clinical year there is a cost of your individual insurance. This will cover you not only during the clinical placements done throughout the 4th year, but also when you graduate and start practicing during your NAVP probation period. We recommend that you use Balens. Prices range from £21 to £132. This a compulsory requirement to practice and treat patients in the final clinical year.

### Final clinical year equipment and uniform:

In the final clinical year you will be working alongside clients and members of the public therefore it is essential that students ensure they are dressed professionally for these sessions. The following

equipment and uniform is a requirement for the final clinical year.

**Equine:**

Stool- For equine practicals

**Canine:**

Wetsuit or waders for hydrotherapy.

Indoor shoes: black trainers (no coloured logos) or boots. These must not be the same shoes you wear to the yard as during muddy weather the training and hydrotherapy room become muddy.

**For both species, you must be dressed in the following for your final clinical year:**

Black or Navy in the following items are the only colours allowed:

- T-shirt or long sleeve top
- Fleece
- Trousers- No blue rinse jeans - Black Jeggings or jeans are ok
- Black or brown boots for the yard
- Black trainers or boots for canine as detailed above

**No items of clothing should have large brand logos on them.** Any logos should be small and discreet.

**Suggested Reading**

Many students ask us to recommend books for them to buy or read before they start. All the books that you will need are available from the library once you are here so there is no need to rush out and buy any. Each module will have a suggested reading list including a number of books and as you progress through the course you will be encouraged to use less books and more journal articles in your reading, which again are available through the library. The Budras anatomy books are the ones recommended by the National Association of Veterinary Physiotherapists although we have found that some students do not find these accessible and prefer other anatomy books (another reason for waiting until you can see which books that you like from those in the library).

If you are really keen to buy books before you come, some of the books that are recommended are:

Aspinall, V. and Cappello, M. (2015) Introduction to Veterinary Anatomy and Physiology Textbook. Elsevier Health Sciences.

Budras, K.-D. (2010) Anatomy of the Dog: With Aaron Horowitz and Rolf Berg. Schlütersche Verlagsgesellschaft mbH & Company KG.

Budras, K. D. and Sack, W. O. (2012) Anatomy of the Horse. Schluetersche, Germany.

Evans, H. E. and Lahunta, A. de (2013) Miller's Anatomy of the Dog. Elsevier Health Sciences.

Grönberg, P. (2011) ABC of the Horse Atlas. PG-Team oy.

McGowan, C., Goff, L. and Stubbs, N. (2008) Animal Physiotherapy: Assessment, Treatment and Rehabilitation of Animals. Wiley.

Millis, D. and Levine, D. (2014) *Canine Rehabilitation and Physical Therapy*. Elsevier Health Sciences.